

## ABSTRAK

### THE RELATIONSHIP BETWEEN KNOWLEDGE OF EXCLUSIVE BREASTFEEDING AND BREASTFEEDING TECHNIQUES IN POST PARTUM MOTHERS AT TIMIKA PARTNER COMMUNITY HOSPITAL

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## ABSTRACT

From the results obtained from this research, namely understanding of breast milk Exclusively, only 8 respondents understood it out of 50 respondents. Meanwhile technique only 13 respondents understood breastfeeding out of 50 respondents. Respondents who most people understand about breastfeeding techniques compared to exclusive breastfeeding From the results The Chi Square test showed no relationship between exclusive breastfeeding and breastfeeding technique. 7.2. Suggestion Many respondents did not understand about exclusive breastfeeding and breastfeeding techniques due to lack of education in post partum mothers, namely mothers new or mother. The researcher's advice is that when there is a new mother or mothers, they should be pregnant education about exclusive breastfeeding and breastfeeding techniques in the form of oral and written while in hospital.

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