

## ABSTRACT

**Ismul Inayah Syam, 2024.** “An Analysis of the Causes of Psychological Problems in the Fourth Semester English Speaking Class in Universitas Muhammadiyah Makassar”. Department of English Education, Faculty of Teacher Training and Education, Universitas Muhammadiyah Makassar. Supervised by Nurdevi Bte Abdul and Hijrah.

This study aims to find out the kinds of students' psychological problems are faced by students in speaking and the causes of students' psychological problems in speaking. This research method is qualitative research with phenomena experienced by the research subjects, namely psychological problems. Research data were collected through observation and interviews. This research was conducted in the fourth semester speaking class of Universitas Muhammadiyah Makassar using 7 students as the main subjects. Data analysis techniques used data reduction, data display, and drawing conclusions/verification.

The results of this study indicate that psychological problems that affect students' speaking abilities, with a focus on anxiety, shyness, fear of making mistakes, and lack of self-confidence. Anxiety is caused by fear of speaking incorrectly and lack of vocabulary, which is overcome by practicing and preparing oneself. Most students do not show any signs of shyness when speaking in front of the class. Regarding to the fear of making mistakes, many students often confused when speaking, in terms of lack of self-confidence, most students do not show closed body language, but some often rely on visuals or notes when speaking. Lack of self-confidence is mainly caused by deficiencies in grammar, vocabulary, and pronunciation, as well as difficulty understanding instructions in English, making them feel left behind compared to their peers. Therefore, it can be concluded that anxiety has a significant impact on students' speaking ability, especially related to the fear of making mistakes and lack of vocabulary. Although most students do not show signs of embarrassment or awkwardness, they experience anxiety in varying degrees when speaking in English. Lack of self-confidence is also a major factor, especially due to deficiencies in grammar, vocabulary, and pronunciation.

**Keywords:** Speaking, English Class, Psychological Problems

## ABSTRAK

**Ismul Inayah Syam, 2024.** “An Analysis of the Causes of Psychological Problem in the Fourt Semester English Speaking Class in Universitas Muhammadiyah Makassar”. Jurusan Pendidikan Bahasa Inggris Fakultas Keguruan dan Ilmu Pendidikan Universitas Muhammadiyah Makassar. Dibimbing oleh Nurdevi Bte Abdul dan Hijrah.

Penelitian ini bertujuan untuk mengetahui the kinds of students' psychological problems are faced by students in speaking dan the causes of students' psychological problems in speaking. Metode penelitian ini adalah penelitian kualitatif dengan fenomena yang dialami oleh subjek penelitian, yaitu masalah psikologi. Data penelitian dikumpulkan melalui observasi dan wawancara. Penelitian ini dilakukan di kelas speaking semester empat Universitas Muhammadiyah Makassar yang menggunakan 7 orang siswa sebagai subjek utama. Teknik analisis data menggunakan reduksi data, display data, dan penarikan kesimpulan/verifikasi.

Hasil penelitian ini menunjukkan bahwa masalah psikologis yang mempengaruhi kemampuan berbicara siswa, dengan fokus pada kecemasan, rasa malu, takut melakukan kesalahan, dan kurangnya rasa percaya diri. Kecemasan disebabkan oleh ketakutan berbicara salah dan kekurangan kosa kata, yang diatasi dengan berlatih dan mempersiapkan diri. Sebagian besar siswa tidak menunjukkan tanda-tanda rasa malu saat berbicara di depan kelas. Mengenai takut melakukan kesalahan, banyak siswa sering bingung saat berbicara, dalam aspek kurangnya rasa percaya diri, sebagian besar siswa tidak menunjukkan bahasa tubuh tertutup, namun beberapa sering mengandalkan visual atau catatan saat berbicara. Rasa kurang percaya diri terutama disebabkan oleh kekurangan dalam tata bahasa, kosa kata, dan pengucapan, serta kesulitan memahami instruksi dalam bahasa Inggris, membuat mereka merasa tertinggal dibandingkan teman-temannya. Oleh karena itu, dapat disimpulkan bahwa kecemasan berdampak signifikan pada kemampuan berbicara siswa, terutama terkait ketakutan membuat kesalahan dan kurangnya kosakata. Meskipun sebagian besar siswa tidak menunjukkan tanda-tanda malu atau kecanggungan, mereka mengalami kecemasan berbeda-beda saat berbicara dalam bahasa Inggris. Kurangnya rasa percaya diri juga menjadi faktor utama, terutama karena kekurangan dalam tata bahasa, kosakata, dan pengucapan.

**Kata kunci:** Berbicara, Kelas Bahasa Inggris, Masalah Psikologi