

**FAKULTAS KEDOKTERAN DAN ILMU KESEHATAN
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²Pembimbing

**“HUBUNGAN USIA, TINGKAT PENDIDIKAN, DAN PEKERJAAN IBU TERHADAP
TUMBUH KEMBANG ANAK USIA 0-5 TAHUN DI PUSKESMAS TAMALANREA
KOTA MAKASSAR “**

ABSTRAK

Latar Belakang: Periode emas/ *golden age* merupakan fase sensitive pada masa pertumbuhan dan perkembangan anak usia 0 – 5 tahun. Selama periode ini, pertumbuhan dan perkembangan anak sangat pesat terjadi, namun sangat rentang terhadap pengaruh negatif. Hal ini dikarenakan, bila terjadi kegagalan pada periode ini, dapat berefek sepanjang hidup anak. Menurut Kemen PPPA di Indonesia diperoleh data gangguan perkembangan anak usia dibawah 5 tahun mencapai 7.512,6 anak dari 100.000 populasi atau 7,51% pada tahun 2021 dan SSGI (2020) prevalensi gangguan tumbuh kembang anak Provinsi Sulawesi Selatan mencapai 27,7%. Salah satu penyebab masalah ini yaitu, kurangnya kemampuan serta wawasan orang tua dalam pola mengasuh dan memenuhi kebutuhan anaknya. Pertumbuhan & perkembangan anak dipengaruhi oleh karakteristik keluarga, khususnya ibu. Penelitian ini dilakukan untuk melihat pengaruh karakteristik ibu (usia, tingkat pendidikan, dan pekerjaan ibu) terhadap pertumbuhan dan perkembangan anak usia 0 – 5 tahun di Puskesmas Tamalanrea Kota Makassar.

Tujuan Penelitian: Mengetahui hubungan karakteristik ibu (usia, tingkat pendidikan dan pekerjaan) terhadap pertumbuhan dan perkembangan anak usia 0-5 tahun di puskesmas tamalanrea kota makassar.

Metode: Penelitian ini merupakan penelitian analitik observasional dengan menggunakan desain *cross sectional study*, jumlah sampel penelitian sebanyak 46 responden di wilayah kerja Puskesmas Tamalanrea, Kota Makassar.

Hasil: Mayoritas ibu memiliki usia 20 – 35 tahun (71,7%), tingkat pendidikan terakhir menengah (50,0%) dan tidak bekerja/IRT (80,4%). Hasil uji analisis chi-square diperoleh hasil hubungan karakteristik ibu terhadap pertumbuhan anak usia 0 – 5 tahun di Puskesmas Tamalanrea Kota Makassar yaitu usia ibu ($p = 0.000$), tingkat pendidikan ibu ($p = 0.007$), dan pekerjaan ibu ($p = 0.410$). Sedangkan, hubungan karakteristik ibu terhadap perkembangan anak usia 0 – 5 tahun di Puskesmas Tamalanrea Kota Makassar didapatkan hasil bahwa usia ibu ($p = 0.004$), tingkat pendidikan ibu ($p = 0.010$), dan pekerjaan ibu ($p = 1.000$).

Kesimpulan : Terdapat hubungan yang signifikan antara karakteristik usia dan tingkat pendidikan ibu terhadap tumbuh kembang anak usia 0 – 5 tahun di Puskesmas Tamalanrea Kota Makassar. Serta tidak terdapat hubungan yang signifikan antara karakteristik pekerjaan ibu terhadap tumbuh kembang anak usia 0 – 5 tahun di Puskesmas Tamalanrea Kota Makassar.

Kata kunci : Periode emas, karakteristik ibu, pertumbuhan anak, perkembangan anak.

**FACULTY OF MEDICINE AND HEALTH SCIENCES
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**"THE RELATIONSHIP OF AGE, EDUCATIONAL LEVEL, AND MOTHER'S JOB ON
THE GROWTH AND DEVELOPMENT OF CHILDREN AGED 0-5 YEARS AT THE
TAMALANREA HEALTH CENTER, MAKASSAR CITY"**

ABSTRACT

Background: The golden period/golden age is a sensitive phase during the growth and development of children aged 0 – 5 years. During this period, children's growth and development occurs very rapidly, but they are very susceptible to negative influences. This is because, if failure occurs during this period, it can have effects throughout the child's life. According to the Ministry of PPPA in Indonesia, data on developmental disorders in children under 5 years old reached 7,512.6 children out of 100,000 population or 7.51% in 2021 and SSGI (2020) found that the prevalence of developmental disorders in children in South Sulawesi Province reached 27.7%. One of the causes of this problem is the lack of ability and insight of parents in parenting patterns and meeting their children's needs. Children's growth & development is influenced by family characteristics, especially the mother. This research was conducted to examine the influence of maternal characteristics (age, education level and maternal occupation) on the growth and development of children aged 0 - 5 years at the Tamalanrea Community Health Center, Makassar City.

Purpose: To determine the relationship between maternal characteristics (age, education level and employment) on the growth and development of children aged 0-5 years at the Tamalanrea Health Center, Makassar City.

Research Method: This research is an observational analytical study using a cross sectional study design, the total research sample was 46 respondents in the working area of the Tamalanrea Community Health Center, Makassar City.

Result: The majority of mothers were aged 20 – 35 years (71.7%), had secondary education (50.0%) and were not working/domestic (80.4%). The results of the chi-square analysis test showed that there was a relationship between maternal characteristics and the growth of children aged 0 - 5 years at the Tamalanrea Community Health Center, Makassar City, namely maternal age ($p = 0.000$), maternal education level ($p = 0.007$), and maternal occupation ($p = 0.410$). . Meanwhile, the relationship between maternal characteristics and the development of children aged 0 - 5 years at the Tamalanrea Health Center, Makassar City, showed that the mother's age ($p = 0.004$), the mother's education level ($p = 0.010$), and the mother's occupation ($p = 1.000$).

Conclusion: There is a significant relationship between age characteristics and maternal education level on the growth and development of children aged 0 - 5 years at the Tamalanrea Community Health Center, Makassar City. And there is no significant relationship between maternal employment characteristics and the growth and development of children aged 0 - 5 years at the Tamalanrea Community Health Center, Makassar City.

Keywords: Golden period, maternal characteristics, child growth, child development.