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**“HISTORY OF BREASTFEEDING WITH WEIGHT INCREASE IN BABIES  
OVER 6 MONTHS AGE AT TAMALATE HEALTH CENTER, MAKASSAR  
CITY”**

**ABSTRACT**

**Background :** A baby's growth and development is largely determined by the amount of breast milk they receive, including the energy and other nutrients contained in the breast milk. Breast milk without other food ingredients can cover the growth needs of a baby up to 6 months of age. After that, breast milk only functions as the main source of protein, vitamins and minerals for babies who receive additional food.

**Objective :** To determine the relationship between breastfeeding and weight gain in babies over 6 months old at the Tamalate Health Center, Makassar City.

**Methods :** This research uses the *Chi Square* method. With an analytical observational research design using a *cross-sectional* design.

**Results :** Based on the results of the chi square test analysis carried out, p-value = 0.009 ( $p < 0.05$ ). This means that "there is a relationship between the history of breastfeeding and weight gain in babies over 6 months old at the Tamalate Community Health Center, Makassar City".

**Conclusion :** Based on this research, it was concluded that there was a significant relationship between breastfeeding and weight gain in babies over 6 months old at the Tamalate Community Health Center, Makassar City.

**Keywords :** Mother's Milk (ASI), Body Weight, Babies aged over 6 months