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**“THE OVERVIEW OF QUALITY OF LIFE AND PATIENTS WITH
CHRONIC TONSILLITIS AT MANGASA HEALTH CENTER”**

ABSTRACT

Background: Tonsillitis is an inflammation of the tonsil tissue, leading to infection. Symptoms of chronic tonsillitis include persistent sore throat, bad breath, swollen lymph nodes, tonsillar hypertrophy with an uneven surface, enlarged crypts, and detritus accumulation. These symptoms create discomfort and negatively impact the patient's quality of life. **Objective:** To describe the quality of life in patients with chronic tonsillitis at Puskesmas Mangasa. **Methods:** This study employs a descriptive observational method to assess the quality of life in patients with chronic tonsillitis at Puskesmas Mangasa. **Results:** Among 38 respondents, the 13-18 age group had the highest percentage (57.9%), with 22 respondents, while the female group dominated with 20 respondents (52.6%). A total of 23 respondents (60.5%) experienced a poor quality of life due to chronic tonsillitis. Thus, chronic tonsillitis negatively affects patients' quality of life at Puskesmas Mangasa. **Conclusion:** This study provides an overview of the quality of life of chronic tonsillitis patients at Puskesmas Mangasa.

Keywords: Chronic tonsillitis, Age, Gender, Quality of life