

ABSTRAK

Fatur Rahman. 2026. *Pengaruh Permainan Tradisional Massallo Terhadap Hasil Belajar PJOK Siswa Kelas III di UPT SD Negeri 35 Leange Kecamatan Labakkang Kabupaten Pangkep.* Skripsi. Jurusan Pendidikan Guru Sekolah Dasar Fakultas Keguruan dan Ilmu Pendidikan Universitas Muhammadiyah Makassar. Pembimbing 1 Ashar dan Pembimbing 2 Muh.Yusran Rahmat.

Jenis penelitian ini adalah penelitian kuantitatif dengan pendekatan eksperimen semu (*quasi experiment*) dengan desain *Pretest-Posttest*. Subjek penelitian terdiri atas siswa kelas III yang dibagi menjadi kelompok eksperimen dan kelompok kontrol. Kelompok eksperimen diberikan perlakuan berupa pembelajaran PJOK menggunakan permainan tradisional *Massallo*, sedangkan kelompok kontrol menggunakan metode pembelajaran konvensional. Teknik pengumpulan data yang digunakan meliputi tes hasil belajar, observasi, dan angket. Tes hasil belajar digunakan untuk mengetahui kemampuan siswa sebelum dan sesudah perlakuan, observasi untuk melihat aktivitas belajar siswa, serta angket untuk mengetahui respon siswa terhadap penerapan permainan tradisional *Massallo*.

Hasil penelitian menunjukkan bahwa rata-rata nilai pretest kelompok eksperimen sebesar 75 dan meningkat menjadi 86,5 pada posttest. Hasil uji normalitas dan homogenitas menunjukkan bahwa data berdistribusi normal dan memiliki varians yang homogen, sehingga memenuhi syarat analisis parametrik. Selanjutnya, hasil uji t berpasangan menunjukkan nilai signifikansi $< 0,05$ yang berarti terdapat perbedaan yang signifikan antara sebelum dan sesudah perlakuan. Selain itu, hasil angket menunjukkan bahwa siswa memberikan respon positif terhadap penerapan permainan tradisional *Massallo*. Berdasarkan hasil pengujian hipotesis, diperoleh bahwa H_0 ditolak dan H_a diterima, sehingga dapat disimpulkan bahwa terdapat pengaruh yang signifikan penggunaan permainan tradisional *Massallo* terhadap hasil belajar PJOK siswa kelas III di UPT SD Negeri 35 Leange Kecamatan Labakkang Kabupaten Pangkep.

Kata Kunci: Permainan Tradisional *Massallo*, Hasil Belajar, PJOK, Siswa Sekolah Dasar

ABSTRACT

Fatur Rahman. 2026. *The Effect of Foreign Traditional Permainans on Physical Education Learning Outcomes of Third-Grade Students at the UPT of Public Elementary School 35 Leange, Labakkang District, Pangkep Regency. Thesis. Department of Elementary School Teacher Education, Faculty of Teacher Training and Education, Muhammadiyah University of Makassar. Supervisor 1 Ashar and Supervisor 2 Muh. Yusran Rahmat.*

This research is a quantitative study using a quasi-experimental approach with a pretest-posttest design. The subjects consisted of third-grade students divided into an experimental group and a control group. The experimental group was given treatment in the form of physical education learning using foreign traditional Permainans, while the control group used conventional learning methods. Data collection techniques used included learning outcome tests, observations, and questionnaires. The learning outcome tests were used to determine students' abilities before and after the treatment, observations to monitor student learning activities, and questionnaires to determine students' responses to the implementation of foreign traditional Permainans.

*The results showed that the average pretest score for the experimental group was 75 and increased to 86.5 in the posttest. Normality and homogeneity tests indicated that the data were normally distributed and had homogeneous variance, thus meeting the requirements for parametric analysis. Furthermore, the paired *t*-test showed a significance value <0.05 , indicating a significant difference between before and after the treatment. Furthermore, the questionnaire results indicated that students responded positively to the implementation of traditional foreign Permainans. Based on the hypothesis testing results, H_0 was rejected and H_a was accepted. Therefore, it can be concluded that the use of traditional foreign Permainans has a significant effect on the physical education learning outcomes of third-grade students at the UPT SD Negeri 35 Leange, Labakkang District, Pangkep Regency.*

Keywords: *Traditional Foreign Permainans, Learning Outcomes, Physical Education, Elementary School Students*